

Coronavirus Symptoms

Stay home and speak to your healthcare provider if you develop any of these symptoms:

- Fever or
- Cough or
- Shortness of breath

If you develop emergency warning signs for COVID-19 get medical attention immediately

Emergency warning signs include*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Keep away from others who are sick

Limit close contact with others as much as possible (about 6 feet)

Masks

The CDC recommends that in addition to social distancing, face coverings be worn if the need to be in public arises. This link shares helpful information about face masks and for making a face covering at home (sew and non-sew options).

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>